



The Steffie Scoop

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Chinook's Edge School
Division #73

January
2020

UPCOMING EVENTS

	January Dates
4-8	At Home Learning
7	Deadline to Order January Hot Lunch
11	Return to In-person Learning at School
15	Booster Juice Citrus Swirl (T/Th Kinder)
19	Parent Council/ Fundraising Meeting
22	Hot Lunch- Sobey's (M/W Kinder)
27	Order Deadline for February Hot Lunch
28	Hot Lunch- Pizza Hut (T/Th Kinder)

Ready, Set, Go!
Welcome to Online Kindergarten Registration
for the 2021-2022 school year!

Beginning on January 11th
please visit our school
website to register online

To our Steffie Families

**HAPPY
HOLIDAYS!**

From the staff at Steffie!

Kid's self-care checklist

- I make self-care a priority every day
- I am kind to myself
- I take breaks to do things I enjoy
- I give myself encouraging words
- I spend time in nature
- I challenge my negative thoughts by using positive self-talk
- I practice deep breathing
- I use grounding techniques
- I try to stay present in the moment
- I focus on what I can control (instead of what I can't)
- I get plenty of sleep and rest
- I do relaxing activities
- I save time for reading
- I listen to calming music
- I take warm bubble baths
- I remind myself of my courage and strength (even when things got rough)
- I practice meditation
- I try new things
- I do yoga
- I take digital detoxes
- I meet my goals
- I participate in activities I'm passionate about
- I give my body the nutrition it needs
- I practice storytelling
- I get lots of physical activity
- I spend time with people who lift me up
- I focus on my strengths (and improving my weaknesses)
- I spend time on my own when I need to
- I journal or write down my thoughts/feelings
- I talk to someone I trust when I need help

Kids Help Phone **1-800-668-6868**
KidsHelpPhone.ca

Parent Council

Next Parent Council Meeting January 19, 2021 @ 7:00 p.m.

With the Christmas season around the corner, we would like to wish every family a joyous and wonderful Christmas season. We are looking forward to hopefully a little more normal 2021!

Save the dates for some important School Council projects coming up in the new year. The date for the 9th Annual Steffie Kids Marathon is on June 11, 2021. We are hopeful, that even if we can not do this event the same way we have in the past we are able to once again bring the marathon to life reinvented!

The School Council is also planning the 5th annual School Wide Book Club for the new year! The kick off for this event will be in January virtually. We have had to rethink a bit of our book club and look forward to using technology to keep reading as a family! Please look for more information in January.

Stay safe and enjoy your Christmas break! We will see you in the new year!

Jennifer Bahler—School Council Chair



Young Readers Choice Awards



Write an original story that has 200 to 1000 words. You may enter 1 time, individually and the story may not be a classroom project or retelling of a story, movie or video game. Please remember to have your name, your teacher's name and the title of your story on your first page. Enter a story with neat writing or typing, and remember—spelling, punctuation, and capitals count! Stories should be sent in a digital format . You may share with Google Drive or you may email your story to Ms. Sandberg at esandberg@cesd73.ca.

Finalists will be selected by Ms. Sandberg and her panel of judges. Students at our school will vote for the winning story. The winner will receive a \$25.00 gift card from Chapters and a copy of The Steffie, a book published by our school with stories by this year's winners and runner-ups. Runner ups will also receive a copy of the book. Stories are due January 28th, 2021.

Tips: Think about the words you are using for your story and descriptions. Try to write so your reader is able to feel like they can really imagine your story, or feel they are really there. You may choose to do some research to make your story feel more real.

A Message from the Principal



Firstly, on behalf of our staff, I would like to wish all of you a wonderful holiday season. We wish you a safe and happy holiday with time for relaxation with family.

Our first day back in the building after the holidays is Monday, January 11th. School does **resume on January 4th**, but the week of January 4-8th will be done remotely. Online learning during this week will be different from the online learning last spring. Schools throughout Chinook's Edge School Division will be similar in that they will be providing a more typical day for students following the daily classroom schedule. There will be google meets first thing in the morning and afternoon to take attendance and review the plan for the morning and afternoon. Teachers will be doing mini-lessons to explain content throughout the day and provide assigned tasks. Music and health instruction will be part of the regular schedule. Recess and lunch breaks will be built into the schedule for the day as well. If families can get outside and enjoy some fresh air during the daily breaks, that would be great. We do recognize that this model will not work for all families, so teachers will be posting work in their google classrooms each day. Thank you in advance for your help and support in making this week and the new format work effectively for our students.

A huge thank you to our school council and the volunteers for your work with the Christmas Bureau and Food Bank drive. Thank you to our families for contributing to this worthy cause as this is a challenging time for many families. The generosity and kindness of our school community is fantastic.

In January, we will once again be very focused on helping all of our students develop their reading and writing skills. The early grades or the elementary years are critically important years as students develop their foundational skills for learning in high school and beyond. The literacy skills developed in the early grades are also foundational for success in the world of work. It is very important that students read at home regularly to ensure strong literacy skills. We will be monitoring the progress of our students closely to help prevent reading gaps from developing. Since September, our students have really developed their reading stamina and our students are now able to read for extended periods of time, which is pretty impressive! To become great readers, our students need to practice their skills regularly.

Lastly, thank you so very much for your help and support as we have navigated the year 2020. Your words of encouragement and kindness have been so appreciated. Our students have been absolutely amazing in following all the protocols during this challenging time and we are truly grateful. Wishing you all the very best in 2021!

Ms. Edie-Gyori—Principal

Hot Lunch

Thank you to all who came out to help with December and November Hot Lunch

Trish Hammond Gerri Macrae Lindsay Clark
Christa Currier Jennifer Bahler

Merry Christmas and a Happy New Year! May you have a great holiday season and please do not drink and drive.



Thank You From Steffie!!!!

Thank you to School Council and volunteers for organizing the Christmas Bureau and Food Bank drop off! We would also like to thank Tim Horton's for supplying the ten dollar Tim Cards in support!

HARD COPIES OF THE NEWSLETTER ARE AVAILABLE IN THE OFFICE