



# The Steffie Scoop


4720 45th Ave  
Sylvan Lake, AB T4S 1A5  
Website: steffiewoima.ca



Chinook's Edge School  
Division #73

**March  
2021**

## UPCOMING EVENTS

	March Dates
4	Booster Juice- Tropical Tornado
5	No School
12	Hot Lunch- Boston Pizza Deadline to order 5.00 SWES t-shirt
14	Time Change- Spring Forward 
16	Virtual School Council and Fundraising Society Meeting
17	Wear Green for St. Patrick's Day!
19	No School
22	Reports Cards Home K-6
25	Deadline For April Hot Lunch Orders
26	Hot Lunch Panago Pizza

### Use of Personal Technologies at School

We encourage parents to not allow their child to bring technology or valuables to school (special toys, iPads, iPods, digital cameras, electronic games, etc.), and for that reason we will not be responsible for lost, stolen, or misplaced property. We understand why parents may choose, for safety reasons, to have their child bring a cell phone to and from school. **However, all electronic devices are to be turned off and in students back packs while in the school.** Guardians can contact their child at any time by calling the school office. This applies to any devices which may be used for entertainment, text messaging, recording audio and/or video, or connecting to the internet.



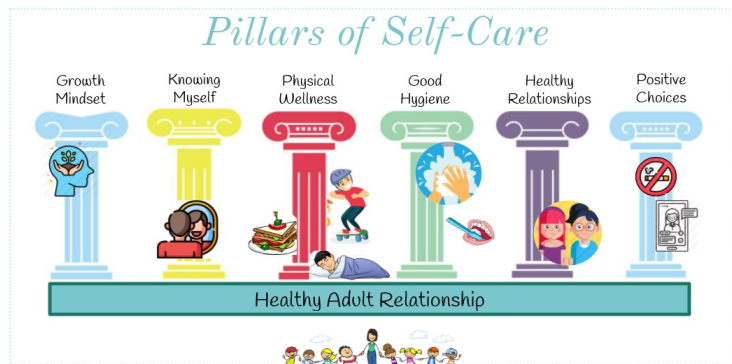
Thank you!

### Safe & Caring Message

#### Managing Well-Being: Self-Care

As a Safe & Caring committee, we are focusing on teaching staff and students about the importance of self-care. We are always looking for ways to build students' resilience and grit so that they can get through those disappointing or difficult moments in life.

Below is the framework that we are using to guide our work. It includes many elements that are important to developing healthy kids. This month we are working on having a growth mindset.



An important part of self-care is knowing yourself. This means knowing your body's limitations, and being in tune with your feelings, emotions and thoughts. To know yourself, you have to have some self-awareness. Self-awareness allows us to see things from the perspective of others, practice self-control, work creatively, and experience pride in ourselves. This increases self-esteem and general wellbeing. At an elementary school level we help kids, along with yourself, to support the development of self-awareness through books, conversations and activities that build these skills.

Ways you can support your child in developing an understanding of him/herself:

Have reflective teaching conversations about mistakes, values, and our character. Encouraging kids to understand and pay attention to their intellectual, emotional, social, and physical selves, helps them understand themselves and the value of their full potential.

Help them practice moments of mindfulness. Mindfulness helps kids pay attention to their body, thoughts, and feelings in the moment (Mindfulness video, Ideas)

Encourage journaling.

Consider limiting your child's exposure to the news or adult conversations in regards to COVID 19. Too much can increase feelings of uncertainty for your child.

Parent's... it is important that you practice your own self-care. The realities of COVID-19 make self-care even more important. The unknowns of what's coming next can worry even the calmest of parents. When faced with long periods of uncertainty, stress levels increase. Children do best when we can create a calm, stable, and predictable "home base" for them even in the middle of a pandemic. It's difficult, but as a parent, the best way to help your child be at their best is to put on your oxygen mask first!



## Students are achieving high levels of success

A Message from the Superintendent

In Chinook's Edge, we are continually looking at different assessment tools which convey the great accomplishments of our students and staff. Although some traditional measures of student achievement have been disrupted because of COVID-19, we can continue to look at a number of other indicators when determining student success. A series of success measures are embedded in our division goals:

- **Academic Excellence:** we are able to refer to data from grade 3 student learning achievement tests, grade 6 & 9 Provincial Achievement Tests, grade 12 Diploma Exams, along with PowerTeacherPro Gradebook, student attendance and reading support level data, among other measures.
- **Career Connections:** our schools continue to refine their comprehensive plan of career exploration, planning and guidance for students in grades 9-12 and embed this work within school cultures.
- **Social Emotional Well-being:** school staff are utilizing our social emotional framework and our collaborative response model, along with a new vision for supporting students in the early years, to ensure the needs of all students are being met.

Among all the checks and balances in place, we believe success can also be measured in the resilience that our students have shown as they have made the shift to learning online as needed. We understand that not all families have access to adequate internet in the home, and we know parents are trying their best to support their child when they are required by COVID-19 restrictions to learn online from home periodically. Here is [a link](#) to some tips we have developed to help improve home internet access, so that your child can get the most out of their learning. Also, we encourage you to reach out to your home internet provider. Many providers have been very helpful in working with families to improve access, and they have also been assisting our technology department as they continue working towards solutions together.

**Kurt Sacher**  
Superintendent of Schools

For Trustee updates and to read the latest Board eNews, please visit our [website](#).

Are you interested in running for Chinook's Edge Public School Trustee in the October election? Please read more at [this link](#).



## A Message from our Principal



During the month of February, we have focused on promoting kindness within our school and community. Mr. McWade and his students have been "snow angels" this past month and have been shoveling the driveways and sidewalks of our neighbours and school grounds. We had lots of participation in our Pink Shirt Day and our students were reminded that kindness is not just something that happens in February but rather, needs to happen throughout the year. Being kind not only fills someone else's but it fills our own bucket!

I want to thank our parents for your continued support and for being our partners in the education of our students. Thank you to our parents who attended the virtual parent/teacher conferences. We appreciate your time as it is so important that parents and teachers have some time to connect. Thank you for continuing to be vigilant in monitoring your child(ren)'s health and if your child has symptoms or is feeling unwell, please keep them home.

Report cards will be coming home this month for Kindergarten to Grade 6 on March 22rd. If you have any questions or concerns, please contact your child's teacher.

Please remember to continue to read with your children every day. To become successful readers, children need to read every day. Thank you for your time in supporting the literacy development of your child(ren). These skills are the foundation for success in high school, with post-secondary learning, and in the world or work. We are looking forward to an awesome March and spring is coming!

**Ms. Eadie-Gyori**

Principal



### Steffie Reminders

- Please remember to call the office before 8:30 a.m. if your child is going to be **late or absent**.
- **Spring Forward Sunday, March 14<sup>th</sup>**  
**Don't forget to set your clocks ahead!**



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## Breakfast Program

The breakfast program is currently providing breakfast and snacks to children who are in need. The snacks are available in the classroom throughout the day.

We would like to thank Trish Hammond for the time she puts into making the program a great success!



## Marathon Update

We are working really hard with all parties to try and come up with a Covid safe Steffie Marathon this year. Thank you to those who have already sponsored the Steffie Marathon. We really want to keep the costs down to at least \$7.00 and make this the BEST marathon yet. In order to maintain this, we need more sponsors! Sponsor letter is attached to the newsletter.

If you would like more information, please contact Jennifer Bahler at 403 505-5889. Revised registration for the marathon will begin in late March-April. Watch for more information to come home via email.

If you have any feedback or suggestions for this year or future marathons, please email Jenn Bahler at [jbahler17@gmail.com](mailto:jbahler17@gmail.com). I would love to hear what you enjoy about the marathon as well as any suggestions that may improve it!

## Whole School Book Club

We have made the difficult decision with current restrictions to postpone the whole school book club indefinitely. We are hopeful that with case numbers dropping and restrictions easing we may be able to do the book club later in the year. Stay tuned!

## Next Virtual Parent Council Meeting

Tuesday, March 16th at 7:00 p.m. "See" you there! Please contact the office if you would like the meeting link emailed to you.

## SWES Fundraising

**SWES T-shirt orders** can be done on line at [steffiewoima.ca](http://steffiewoima.ca). SWES t-shirt's will be sold for a reduced rate of **\$5.00 a shirt per child**. SWES Fundraising will be covering the difference.



For those new to Steffie including kindergarten children you will be gifted with a "Welcome to Steffie" t-shirt at no cost. You will receive a Google Form to select size. If you do not fill out the form you may not receive a shirt. ALL orders will be due on **March 12th, 2021.**

SWES Fundraising meetings are scheduled to follow the Parent Council meeting. The next scheduled meeting will be held on March 16, 2021 at 7pm. New faces are always welcome. Simply notify the office that you are interested in attending the meeting and a Google invite link will be sent to you. Hope to see you there.

~ **Christa Currier** ~ **SWES Fundraising Chair**



## Hot Lunch Program

Thank you to all the volunteers who volunteered for February Hot Lunch

**Trish Hammond**  
**Lindsay Clark**

**Christa Currier**  
**Jennifer Bahler**

Thank you also for being accommodating for the postponement of Booster Juice due to weather!



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