



# The Steffie Scoop

## MARCH 2023

Chinook's Edge School Division #73

### UPCOMING EVENTS

## MARCH 2023

- March 9 - Winter Carnival  
Hot Lunch (Boston Pizza)
- March 10 - No School
- March 12 - Spring Forward
- March 14 - School Council at 7:00  
Fundraising Society to follow
- March 15 - Scholastic Book Fair to Begin
- March 17 - Booster Juice (Tropical Tornado)  
Wear **Green** for St. Patrick's Day!
- March 22 - K-6 Parent Teacher Interviews
- March 23 - Hot Lunch (Panago)  
April Hot Lunch Order Deadline  
K-6 Parent Teacher Interviews
- March 24 - No School

### Breakfast Program

The breakfast program is currently providing breakfast and snacks to children who are in need. The snacks are available in the classroom throughout the day.



We would like to thank Trish Hammond for the time she puts into making the program a great success!

### Hot Lunch

Thank you to all who came to help with February Hot Lunches!

Roxanne Gunnlaugson  
Christa Currier  
Jenn Bahler  
Bryna Boisvert  
Jessica Huehn  
Lauren Johnson



Thank you to Rhonda Christie for coordinating!

### Principal's Message

During the month of February, we have focused on promoting kindness within our school and community. We had great participation for our Pink Shirt Day and our students were reminded that kindness is not just something that happens in February but rather, needs to happen throughout the year. Being kind not only fills someone else's bucket but it fills our own bucket! Kindness makes such a difference!

We will be having a Winter Carnival for all of our students this year organized by Fox Run French Immersion students. On the morning of March 9th, our English students will get to participate in some French cultural activities and games and during the afternoon, our French Immersion students will have their Winter Carnival! A huge thank you to the staff and students of Fox Run for organizing this for our students.

During the non-instructional days, our teachers have been very busy being 'learners' and collaborating with their colleagues. We have been continuing our focus on reading, writing, and mathematics instructional strategies which are supported by research. We have had some amazing guest speakers sharing information on executive functioning, working memory, and classroom based strategies to improve students' fine and gross motor skills. These days are incredibly valuable in providing our students with the best possible learning experiences in our classrooms.

I want to thank our parents for your continued support and for being our partners in the education of our students. Parent-teacher interviews are March 22nd and 23rd. We are looking forward to meeting with you and working together to support your child's learning. Parent-teacher conferences can be in person or online based on what works best for our families. Teachers will be sending home sign up information in the next few weeks so watch for their email. Our spring Book Fair will be happening March 15-23rd and we thank you in advance for your support! The money raised is used to purchase books for our library.

Please remember to continue to read with your children every day. To become successful readers, children need to read every day. Listening to or reading books helps develop their vocabulary which is critically important for comprehension of what is read. Take the time to talk about what words mean and explore new and interesting words! Thank you for your time in supporting the literacy development of your child(ren) and encouraging our older students to read every day. These skills are the foundation for success in high school, with post-secondary learning, and in the world or work.

We are looking forward to an awesome March and spring is coming!

Ms. Eadie-Gyori  
Principal





## Safe and Caring

# is it BULLYING?

When someone says or does something  
*unintentionally* hurtful  
and they do it once, that's  
**RUDE.**

When someone says or does something  
*intentionally* hurtful  
and they do it once, that's  
**MEAN.**

When someone says or does something  
*intentionally* hurtful and they *keep doing it*—  
even when you tell them to stop or show  
them that you're upset—that's  
**BULLYING.**

### 8 Ways To Teach Kindness to Your Children

Adapted from the following article:

<http://community.today.com/parentingteam/post/12-ways-to-teach-kindness-to-children>

Here are some suggestions on how to raise kind children:

1. **Be a Role Model.** You are your child's greatest teacher! How you treat others will be the greatest lesson on kindness. Words are important but often, actions are more powerful. Making a gesture when a driver cuts you off in traffic, making critical comments about yourself out loud, gossiping about people, all are moments of unkindness to yourself and others.
2. **Community Service.** Helping those in need in your community is a wonderful way to foster kindness to those in need.
3. **Foster Awareness.** There is a balance between having a child learn about those in need and suffering and fostering optimism. Work to keep information developmentally appropriate for your child's age.
4. **One Person Can Make a Difference.** By teaching hope, that one person does make a difference, you will encourage your child to continue kindness, even if the direct results may not seem obvious.
5. **Be Unique.** There are many ways to be kind. Encourage your child to follow their heart and express kindness through what comes naturally for them.
6. **Talk About Kindness.** Talk with your child about kindness. Ask them how they feel when someone is kind to them. Ask them about a time when someone was unkind and how it made them feel. Talk about a time when they made unkind choices and how they imagine the other person felt. Then ask, if they were in the situation again, is there a kind way of acting.
7. **Consequences.** If your child has been unkind to someone, make sure to have consequences in place for undesirable words or actions. Making an amends and apologizing are important components of teaching a child how hurtful behaviors and unkindness is not okay.
8. **Teachable Moments.** There are many teachable moments of witnessing either unkindness or kindness when we are with our children. Use these moments to talk, process and teach your child.

## Steffie Marathon Update

Sponsorship for the 11 annual Steffie Marathon, June 9, will be going home via email in the next week, or you can also find the link below in this newsletter. The Sponsorship Form is also posted on our website. We really want to keep the costs down to at least \$7.00 and make this the BEST marathon yet. In order to maintain this, we need more sponsors! If you would like more information, please contact Jennifer Bahler at 403 505-5889. Registration for the marathon will begin in late March-April. Watch for more information to come home via email.

I would love to hear what you enjoy about the marathon as well as any suggestions that may improve it! Please reach out to Jenn Bahler with ideas or if you can volunteer to help leading up or on the day of the Marathon!

Steffie Kids Marathon 2023 Sponsorship Form

**École Steffie Woima  
Elementary School**

KINDERGARTEN REGISTRATION IS OPEN  
FOR 2023-24 SCHOOL YEAR!

OFFERING ENGLISH OR FRENCH IMMERSION  
PROGRAMMING!



 **LEARN**

 **THINK**

 **OROW**

Visit [www.steffiewoima.ca](http://www.steffiewoima.ca) to register!