



# The Steffie Scoop

# JANUARY 2024

# 2☆24



## Library News

The deadline for entries for the school's writing contest, "The Steffie Young Reader's Choice Awards," is Friday, January 26. Details about the contest have been sent home to students along with an author checklist for submissions. The contest is open to all students. Stories may be 200 to 1000 words in length and a panel of judges will determine the 4 finalists. The students at Steffie will read the 4 finalists' stories and cast votes to determine the winner of the contest. The winner will receive a copy of "The Steffie," which will include the 4 finalists' stories, as well as a \$25.00 gift card to Chapters.

## Fundraising

We hope everyone is enjoying their holiday plants! Thanks to all the family members who participated in our 50/50 draws during the Christmas concerts. This provided over \$700 to our playground fund! Students enjoyed our other holiday fundraiser this week: candy canes! It has been such a fun holiday season at Steffie! Hope you all have a wonderful Christmas!!

Kate Thomlinson

## School Council

On behalf of the School council I would like to wish our Steffi Families an amazing winter holiday, with many blessings and celebrations! See you in the new year!



Megan Weiskopf  
School council head chair

## Thank You

A big thank you to "bake patisserie" for the donation of baked sugar and chocolate chip Christmas cookies. The cookies were sold in canteen with all proceeds going towards the playground fund!



Thank you to Cindy Arsenault for donating back her portion of the 50/50 winnings to the playground fund! Everything helps!

## Hot Lunch

Thank you to Leah Inkster for her partnership in coordinating hot lunch days!  
Thank you to December's volunteers:  
Lori Henderson  
Jami Kowall  
Deadline to Order February Hot Lunch is January 25th!  
Please contact the office if you need support

## Principal's Message

Firstly, on behalf of our staff, I would like to wish all of you a Merry Christmas and a Happy New Year! We hope you have a wonderful Christmas with your family and friends. Thank you so much to all of our families who supported our playground fundraiser, the Christmas store. Thank you for the donations, volunteering, and support. The kids found great treasures, they were so proud to be giving gifts to others and we were being kind to the environment! A big thank you to our staff for your help with setting up and taking down the store. All proceeds of our Christmas store will be going to the playground fund! Our next playground fundraiser will be an evening dance on January 18th. So, mark your calendars and come join the fun!

In January, we will once again be very focused on helping all of our students develop their reading and writing skills. The early grades and the elementary years are critically important years as students develop their foundational skills for learning in high school and beyond. The literacy skills developed in the early grades are also foundational for success in the world of work. It is very important that students read at home regularly to ensure strong literacy skills. To become great readers, our students need to practice their skills regularly. Setting aside a few minutes each day to read will make a difference!

While the last few weeks and months have been difficult with so much illness and different bugs, it is critically important that students attend school regularly, whenever possible. Regular attendance is essential for student learning and success in school so thank you in advance for getting your child(ren) to school whenever they are well. Our children have had so many learning disruptions during the past few years making consistent attendance even more important! Lastly, thank you so very much for your help and support during this past year. Your words of encouragement and kindness have been so appreciated by our staff. All the very best in 2024!

Ms. Eadie-Gyori—Principal





### Kindergarten Registration

OPEN January 8th for the 2024-25 school year!  
Register online @ [www.cesd73.ca](http://www.cesd73.ca)

- Children must be 5 years old by December 31, 2024 to enroll
- Birth certificate required at time of registration
- English & French Immersion programs at École Steffie Woima



### Pre-Kindergarten Applications

Starting January 8th for the 2024-25 school year!  
Please call the office (403) 887-3098 to inquire if Pre-Kindergarten at Steffie Woima may be a fit for your child.

**Children must be four years of age by December 31st and have one of the following to be eligible:**

- Language delays
- Academically at-risk
- Advanced Skill & Language Development
- English As A Second Language
- Behavioral & Emotional Regulation Challenges

\*Children with other delays or 'at-risk' will be considered.  
• 3 year olds with an identified need may qualify



# Winter Family Dance!

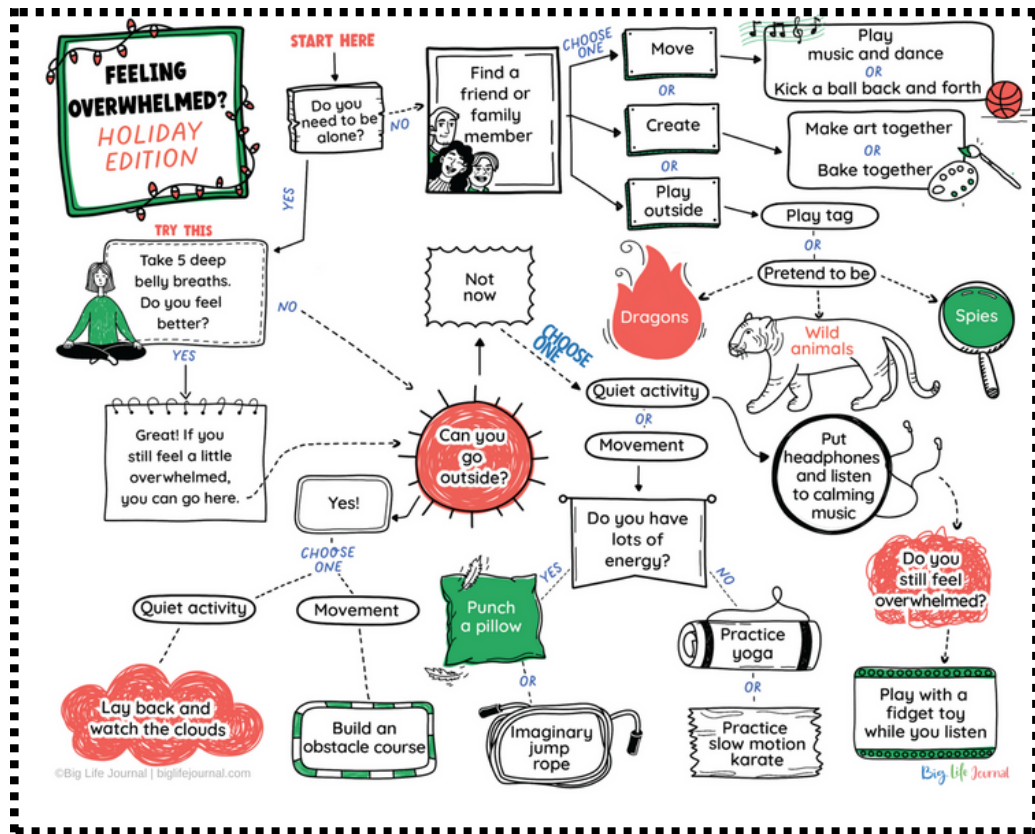
Date: Thursday, January 18, 2024

Students and their families are invited to join us at the Steffie Woima School Gym for our Winter Family Dance! Come have some fun with the school community!  
This dance is only open to students of Steffie Woima and their families. All students must be accompanied by an adult. There will be glow sticks for sale, as well as some drinks and snacks. All funds raised will go towards our new playground.

Photo Booth with props - No Extra Cost!  
Admission is \$3 per person or \$10 per family.  
Hope to see you there!!



## Safe and Caring



## TOOLS + ACTIVITIES FOR WHEN YOU FEEL OVERWHELMED \* HOLIDAY EDITION \*

<p><b>WHEN YOU WANT TO BE TOGETHER</b></p> <p><b>Calm Down Tools:</b></p> <ul style="list-style-type: none"> <li>★ Puzzles</li> <li>★ Mini massager</li> <li>★ Board or card games</li> </ul> <p><b>Calming Activities:</b></p> <ul style="list-style-type: none"> <li>★ Give hugs or massages</li> <li>★ Take a walk together</li> <li>★ Throw or kick a ball back and forth</li> </ul>	<p><b>WHEN YOU WANT TO BE STILL</b></p> <p><b>Calm Down Tools:</b></p> <ul style="list-style-type: none"> <li>★ Weighted or heated blanket</li> <li>★ Noise-cancelling headphones</li> <li>★ Sound machine</li> </ul> <p><b>Calming Activities:</b></p> <ul style="list-style-type: none"> <li>★ Make art</li> <li>★ Read a book</li> <li>★ Listen to a guided meditation</li> </ul>	<p><b>WHEN YOU WANT TO BE INSIDE</b></p> <p><b>Calm Down Tools:</b></p> <ul style="list-style-type: none"> <li>★ Essential oils + diffuser</li> <li>★ MP3 player with peaceful music</li> <li>★ Fidget toys</li> </ul> <p><b>Calming Activities:</b></p> <ul style="list-style-type: none"> <li>★ Chew on gum or hard candy</li> <li>★ Build something</li> <li>★ Solve a logic puzzle</li> </ul>
<p><b>WHEN YOU WANT TO BE ALONE</b></p> <p><b>Calm Down Tools:</b></p> <ul style="list-style-type: none"> <li>★ Blank books</li> <li>★ Building toys</li> <li>★ Stress ball</li> </ul> <p><b>Calming Activities:</b></p> <ul style="list-style-type: none"> <li>★ Listen to music</li> <li>★ Write/draw in a journal</li> <li>★ Color in a coloring book</li> </ul>	<p><b>WHEN YOU WANT TO BE MOVE</b></p> <p><b>Calm Down Tools:</b></p> <ul style="list-style-type: none"> <li>★ Skipping rope</li> <li>★ Yoga cards</li> <li>★ Mini trampoline</li> </ul> <p><b>Calming Activities:</b></p> <ul style="list-style-type: none"> <li>★ Put on music and dance</li> <li>★ Punch a pillow</li> <li>★ Practice yoga</li> </ul>	<p><b>WHEN YOU WANT TO BE OUTSIDE</b></p> <p><b>Calm Down Tools:</b></p> <ul style="list-style-type: none"> <li>★ Bubbles + wand</li> <li>★ Swings</li> <li>★ Balls to kick and throw</li> </ul> <p><b>Calming Activities:</b></p> <ul style="list-style-type: none"> <li>★ Play imagination games</li> <li>★ Run + climb</li> <li>★ Watch birds + wildlife</li> </ul>

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