



The Steffie Scoop

MARCH 2023



Chinook's Edge School Division #73

Book Fair

The Scholastic Fall Book Fair is Wednesday, March 13 - Thursday, March 21. Students will shop during their library classes. There will be no shopping before school, after school or during recesses. Parents may send cash or cheques with their children to shop at the book fair. Cheques should be made out to SWES. We also will have a debit machine for payment. Parents may shop during parent teacher conferences on the evenings of Wednesday, March 20 and Thursday, March 21. Shopping will be available to parents during the day on Thursday, March 21 as well. Parent shopping times are: Wednesday, March 20, 3:05 pm - 7:30 pm and 8:40 am - 7:30 pm on Thursday, March 21.



Fundraising News

We are busy planning for the Spring Carnival! Mark your calendar for April 11th. This playground fundraiser will be tons of fun for the whole family! We are seeking silent auction donations, sponsorships of games stations, and volunteers for the event. All volunteers require a current criminal record check.

We are also looking for bakers! We will be hosting a "cakewalk" during the carnival. This will be a musical-chairs style competition to win some delicious baked goods. Anyone with skills in the kitchen that wants to donate a cake, pie, cupcakes or batch of cookies, please email me at kthomlin@telusplanet.net or text the number below.

Thank you for all your support as we work towards our playground fundraising goal of \$300,000!

Thanks,
Kate Thomlinson
(403) 872-9807

Hot Lunch

Thank you to all who came to help with February Hot Lunches!

Jami Kowall

Thank you to Leah Inkster for her partnership in coordinating hot lunches!

April Hot Lunch orders are due March 24th

Principal's Message

During the month of February, we have focused on promoting kindness within our school and community. We had great participation for our **Pink Shirt Day** and our students were reminded that kindness is not just something that happens in February but rather, needs to happen throughout the year. Being kind not only fills someone else's bucket but it fills our own bucket! Kindness makes such a difference! We talked about the difference between conflict, hurt feelings and bullying. Conflicts or disagreements happen when we play with friends or play games together. Occasional disagreements with friends and classmates is not bullying and kids may need some help to solve the problem and make a plan. However, when there is intentional, repeated unkindness towards a specific person, it is bullying. We reviewed the four types and bullying and how to deal with it.

We will be having a **Winter Carnival** for all of our students this year organized by Fox Run students on March 5th. We are looking for some volunteers to help make hot chocolate for the students. English students will get to participate in some French cultural activities and games and during the morning and in the afternoon, our French Immersion students will have their Winter Carnival! A huge thank you to the staff and students of Fox Run for organizing this for our students.

During the **Professional Learning days**, our teachers have been very busy being 'learners' and collaborating with their colleagues in our school and in the community. We have been continuing our focus on implementing the new curriculum this year as well as reading, writing, and mathematics instructional strategies which are supported by research. These days are incredibly valuable in providing our students with the best possible learning experiences in our classrooms.

I want to thank our parents for your continued support and for being our partners in the education of our students. **Parent-teacher conferences** are March 20 and 21. We are looking forward to meeting with you and working together to support your child's learning. Parent-teacher conferences can be in person or online based on what works best for our families. Teachers will be sending home sign up information in the next few weeks so watch for their email.

Our spring **Book Fair** will be happening March 13-21st and we thank you in advance for your support! The money raised is used to purchase books for our library.

Please remember to continue to **read with your children every day**. To become successful readers, children need to read every day. Listening to or reading books helps develop their vocabulary which is critically important for comprehension of what is read. Take the time to talk about what words mean and explore new and interesting words! Thank you for your time in supporting the literacy development of your child(ren) and encouraging our older students to read every day. These skills are the foundation for success in high school, with post-secondary learning, and in the world or work. We are looking forward to an awesome March and spring is coming!

Ms. Eadie-Gyori
Principal





Safe and Caring



Pink Shirt Day always reminds us of the importance of relationships and the power of being kind to one another each everyday!



Peer Conflict vs Unkindness vs Bullying

Sometimes people think that peer conflict, unkindness and bullying are the same thing, but they are not! We need to remember that peer conflict is a natural part of everyday experience that kids may need adult support in learning how to navigate and problem solve the situations that will come up. Knowing these differences and learning how address issues with peers is important for parents and staff to create a positive, safe school culture.

	Definition:	Behaviour:	Example:
Peer Conflict	<ul style="list-style-type: none"> Argument or disagreement In the heat of the moment Everyone involved is upset & wants to work things out to solve the problem Everyone responsible for their part Can be solved together or with the help of an adult 	<ul style="list-style-type: none"> Equal power between those involved Generally feel remorse and a desire to change when realize it is hurting someone 	<ul style="list-style-type: none"> John and Jane are playing hide and seek. John finds Jane and she accuses him of cheating. An argument ensues.
Unkindness	<ul style="list-style-type: none"> Motivated by angry feelings and/or being thoughtlessness, or rude (not thinking of others) Can cause hurt, upset feelings Person being rude accepts responsibility and grows their brain Adults might help with extra teaching 	<ul style="list-style-type: none"> Equal power between those involved. Generally feel remorse and a desire to change when realize it is hurting someone 	<ul style="list-style-type: none"> Tim tells Chris that he can't play goal in soccer at recess because he is the worst goalie in grade 5.
Bullying	<ul style="list-style-type: none"> Repeated Planned, on purpose The target of the bullying is upset Bully is trying to control their target Bully often has more power (i.e., older, bigger, stronger, more popular) 	<ul style="list-style-type: none"> Bully blames the target The target wants the bullying to stop but the bully continues Physical, verbal, social (e.g. spreading rumors about the person or excluding them from a group) and cyberbullying. The behaviour needs to stop right away 	<ul style="list-style-type: none"> Whenever Jill goes out for recess, Amanda from the other gr. 6 class walk by and call her geek. She convinces 3 other girls form the class to also call her geek.



What Can You Do if Your Child is Experiencing Peer Conflict vs Unkindness vs Bullying



Dealing with Conflict Strategies from Wholehearted Counseling

STEPS TO HELP KIDS RESOLVE CONFLICT

1. GET Calm FIRST

Some things to get calm:

- Do it Breathing Exercise Like Hot Cocoa
- Get a Drink of Water
- Count to 20
- Place Hands Over Your Heart & Breathe

2. FIGURE OUT IF THIS IS A small problem OR BIG PROBLEM

Do you feel scared, in danger, or unsafe?

3. TRY A PEACEFUL PROBLEM SOLVING TRICK Like the ones listed below:

- Find a WE-WE SOLUTION
- File a Coin or Do PAPER-SCISSORS
- Ignore what's Annoying You
- TALK IT OUT and Use I-MESSAGES
- DO SOMETHING ELSE
- Say What do that Mean NO
- Also Make Sure To: Listen to each other, Put yourself in the other person's shoes, Share or Tossie Tossie
- APOLOGIZE

WholeHearted School Counseling

If your child is dealing with conflict, unkindness or bullying:

- Gently ask open ended questions about what is making them feel unsafe or uncomfortable? Or have them draw it out.
 - For example; What kinds of things are being said or done? Who is involved in the situation? What parts, if any, might they have in the problem? Who have they told about the problem?
- Call your child's teacher or the school administrators to discuss the situation so that they can investigate the problem and help your child get it resolved.